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Naghizadeh Moogari, Zahra; Koohpayehzadeh, Jalil; Roff, Susanne; Montazeri, Ali; Soltani Arabshahi, Seyyed Kamran; Bigdeli, Shoaleh

*Published in:*  
Medical Journal of the Islamic Republic of Iran

*Publication date:*  
2015

*Licence:*  
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*Document Version*  
Publisher's PDF, also known as Version of record

[Link to publication in Discovery Research Portal](#)

### *Citation for published version (APA):*

Naghizadeh Moogari, Z., Koohpayehzadeh, J., Roff, S., Montazeri, A., Soltani Arabshahi, S. K., Bigdeli, S., Moosavi, M., Azaminejad, F., & Tavousi, M. (2015). Psychometric analysis of the ambulatory care learning education environment measure (ACLEEM) in Iran. *Medical Journal of the Islamic Republic of Iran*, 29(1), 1189-1195. [http://mjiri.iums.ac.ir/browse.php?mag\\_id=108&slc\\_lang=en&sid=1](http://mjiri.iums.ac.ir/browse.php?mag_id=108&slc_lang=en&sid=1)

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## Psychometric analysis of the ambulatory care learning education environment measure (ACLEEM) in Iran

Zahra Naghizadeh Moogari<sup>1</sup>, Jalil Koohpayehzadeh<sup>\*2</sup>, Susanne Roff<sup>3</sup>, Ali Montazeri<sup>4</sup>  
Seyyed Kamran Soltani Arabshahi<sup>5</sup>, Shoaleh Bigdeli<sup>6</sup>, Maryam Moosavi<sup>7</sup>  
Faranak Azaminejad<sup>8</sup>, Mahmoud Tavousi<sup>9</sup>

Received: 7 January 2015

Accepted: 27 September 2015

Published: 21 November 2015

### Abstract

**Background:** Examining educational environment (academic and clinical) by means of a valid, reliable and comprehensive questionnaire is a major key in achieving a highly qualified student – oriented curricula. The Persian translation of Ambulatory Care Learning Education Environment Measure-ACLEEM questionnaire has been developed to support this goal, and its psychometrics has been explored in this administration in teaching hospitals affiliated to Tehran University of Medical Sciences.

**Methods:** This descriptive – analytical study involved medical residents in four major clinics. In this study, the ACLEEM Questionnaire was conducted after translating and retranslating the questionnaire and examine the face and content validity, construct validity, test retest reliability and internal consistency coefficient.

**Results:** In this study, 157 out of 192 residents completed the questionnaire (response rate 82%). The mean age of the residents was 31.81 years. The final mean of the questionnaire was calculated as 110.91 out of 200 (with 95% confidence interval). Test – retest stability of the questionnaire was between 0.322 and 0.968. The face validity of the questionnaire was confirmed. The content validity ratio was 0.64; and content validity Index was 0.78. In Exploratory factor analysis, eight factors were confirmatory that changed the orientation of some questions. The Cronbach's alpha coefficient of the whole questionnaire was 0.936.

**Conclusion:** According to the data, the Persian version of the ACLEEM questionnaire has sufficient psychometric reliability and validity to be used for conducting research, teaching and practicing the educational learning environment in ambulatory care in Iran.

**Keywords:** Psychometric, Ambulatory Care, Educational Environment, Residents.

**Cite this article as:** Naghizadeh Moogari Z, Koohpayehzadeh J, Roff S, Montazeri A, Soltani Arabshahi SK, Bigdeli Sh, Moosavi M, Azaminejad F, Tavousi M. Psychometric analysis of the ambulatory care learning education environment measure (ACLEEM) in Iran. *Med J Islam Repub Iran* 2015 (21 November). Vol. 29:299.

### Introduction

Since the 1970s, studies have been conducted to report on students' attitudes to-

wards educational and learning environment. In 2010 Soemantri et al. (1) reviewed 178 reports related to the topic of learning

<sup>1</sup>. MSc of Medical Education, Health Metrics Research Centre, Iranian Institute for Health Sciences Research, ACECR, Tehran, Iran. [z.naghizadeh@yahoo.com](mailto:z.naghizadeh@yahoo.com).

<sup>2</sup>. (**Corresponding author**) Associate Professor of Community Medicine, Center for Educational Research in Medical Sciences (CERMS), Saveh University of Medical Sciences, Saveh, Iran. [jkuhpayeh@yahoo.com](mailto:jkuhpayeh@yahoo.com)

<sup>3</sup>. Educational Consultant and Part-time Tutor, Medical Education Institute, University of Dundee, Scotland. [s.l.roff@dundee.ac.uk](mailto:s.l.roff@dundee.ac.uk)

<sup>4</sup>. Professor of Health Metrics Research Centre, Iranian Institute for Health Sciences Research, ACECR, Tehran, Iran. [montazeri@acecr.ac.ir](mailto:montazeri@acecr.ac.ir).

<sup>5</sup>. Professor of Internal Medicine, Department of Medical Education and Center for Educational Research in Medical Sciences, Faculty of Medicine, Iran University of Medical Sciences, Tehran, Iran. [Soltarab.34@gmail.com](mailto:Soltarab.34@gmail.com)

<sup>6</sup>. Associate Professor, Department of Medical Education and Center for Educational Research in Medical Sciences, Faculty of Medicine, Iran University of Medical Sciences, Iran. [shb555@yahoo.com](mailto:shb555@yahoo.com)

<sup>7</sup>. MSc of Medical Education, Department of Medical Education, Faculty of Medicine, Iran University of Medical Sciences, Tehran, Iran. [mm5049@yahoo.com](mailto:mm5049@yahoo.com)

<sup>8</sup>. Instructor, Department of English language, ACECR TUMS, Tehran, Iran. [faranak\\_azaminejad@yahoo.com](mailto:faranak_azaminejad@yahoo.com)

<sup>9</sup>. Health Metrics Research Centre, Iranian Institute for Health Sciences Research, ACECR, Tehran, Iran. [m.tavousi@gmail.com](mailto:m.tavousi@gmail.com)

environment and found that 31 studies were conducted on medical environments. They identified several instruments that measure educational environment from students' perspectives including the Anesthesia Theatre Educational Environment Measurement (ATEEM), the Surgical Theatre Educational Environment Measure (STEEM), and the Postgraduate Hospital Educational Environment Measure (PHEEM). Among the tools, PHEEM is specifically related to medical training at expert level. All tools including PHEEM are questionnaires designed to assess the educational environment at hospital wards. However, none of these instruments focused on learning and teaching in ambulatory care environments. Fortunately, the Ambulatory Care Educational Environment Measure (ACLEEM) was developed in 2013 (2).

Clinical medical training mainly provides primary care. Since in Alma Ata statement, it is increasingly a known level in health care system, and currently it can be seen as a slogan in some documents more than the past like 2008 world health report (3). Some evidence shows that health systems with primary care have stronger health, better results, and less health cost (4-6). Moreover, international systems have taken similar procedures in to consideration, and medical schools have been advised to focus their curricula on conducting primary health care.

On the other hand, the procedure of the guarantee of residents training is increasingly important (7). The educational environment is one of the aspects of assessing the quality of training programs and presenting information in various fields such as atmosphere, feedback, inspection at hospitals and ambulatory care wards (8).

The relationship between the primary health care with ambulatory care is undeniable; and in this condition, a lack of a special tool to assess the educational environment of ambulatory care has been reported prior to 2012 (1).

ACLEEM as the first developed ques-

tionnaire was designed to measure the educational environment of ambulatory care. This instrument was designed and developed to measure the health service of graduates and post graduates by Arnoldo Riquelme et al. in 2012.

The ACLEEM is a 50-item inventory containing the following subscales: Quality of clinical teachers (12 questions), clinical activates and patient care (11 questions), protected time for non-clinical activities (5 questions), infrastructure (6 questions), clinical skills (6 questions), assessment and feedback (4 questions), Information, communication and technology (3 questions), and clinical supervision (3 questions). Each item on the ACLEES is scored on a 5 point Likert scale ranging from 0 (strongly disagree) to 4 (strongly agree), giving a possible total score of 200.

Since the study of validity and reliability of the aforementioned questionnaire in the Persian language has not been done so far in the form of a specific project, we decided to examine the psychometric properties of the Persian version of the ACLEEM in Iran to provide a valid instrument to assess educational environment of major clinical wards (Internal Medicine, Obstetrics & Gynecology, General Surgery and Pediatric) in teaching hospitals affiliated to Tehran University of Medical Sciences.

## Methods

This was a cross-sectional descriptive – analytical study. The target population of the study was medical assistants in internal medicine, gynecology & obstetric and pediatrics-general surgery clinics of clinical training centers affiliated to Tehran University of Medical sciences (Hazrat Rasool Akram, Firoozgar, Hazrat Ali Asghar, Shahid Akbar Abadi and Emam Khomeini Hospitals).

All residents in teaching hospitals affiliated to Tehran University of Medical Sciences were invited to participate in the study. Sampling was conducted through census. The ACLEEM questionnaire was used for data collection, and it was translated into

Persian and retranslated according to the back-translation method. The Dundee Ready Education Environment Measure (DREEM) model (9) is used for the number of test items, and the points; its interpretation is as follows: 0-50 points (very poor) 51- 100 points (plenty of problems), 101 – 150 points (more positive than negative), and 151 – 200 points (excellent).

### *Translation*

After obtaining permission from the author (Arnold Riquelme) the ‘forward-backward’ procedure was applied to translate the Ambulatory Care Educational Environment Measure (ACLEEM) from English into Persian. First the research team translated the questionnaire. Then an English-language expert provided the back-translation. Finally, the final version was compared with the original questionnaire and was confirmed by one of the ACLEEM co-developers. Then this provisional version was tested for psychometric properties.

### *Testing content and face validity*

#### *Determining the Face Validity of the Questionnaire*

To determine the face validity of the questionnaire, the questions should be logical and should also match with the characteristics of the respondent. Moreover, logical frequency, suitable printing and clear and brief introduction are important in improving the face validity of the questionnaire. Therefore, 20 experts in Iranian clinical training were asked to evaluate the face validity of the questionnaire for the Iranian context of ambulatory care learning and teaching (10).

### *Determining the Content Validity*

Two dimensions of the content validity, content validity ratio and content validity index, were examined. In the former, we examined how useful and essential the test items were, and in the later, the simplicity, clarity, and relevance between the test items were examined. To identify the panelists and select a pattern to determine the

content validity ratio was developed by Lawshe (11) was used and 20 experts familiar with Iranian clinical training and teaching the medical training courses were asked to evaluate each item to indicate that an item is “essential”, useful but not essential”, “not necessary”.

### *Quantifying Content Value Ratio*

Two methods were used to determine CVR.

1) Greater levels of content validity exist as larger numbers of panelists agree that a particular item is essential. Using this assumption, the following formula was used:

$$CVR = \frac{nE - \frac{N}{2}}{\frac{N}{2}}$$

2) Computing the mean of CVR: Each item was given a value based on a 3 part domain, “Essential” (2 points), “useful but not essential” (1 point), not necessary (0 point) and then the mean is computed.

### *Determining the Criterion to Retain or Reject the Item*

a) Non-conditional retention of the test items whose CVR is equal or larger than 0.42.

b) Conditional retention of the test items whose CVR is between 0 and 0.42 and their mean is larger than 1.1.

c) The items with CVR smaller than 0 and with the mean less than 1.1 indicate that less than 50% of the panelists have identified the item as “essential”.

### *Determining the Content Validity Index*

CVI was determined according to Waltz and Bausell's (12) content validity index to determine the amount of relevance, simplicity, clarity of each item in the questionnaire in a 4- part Likert (13) scale for each of the items; for example, for relevance (irrelevant (1), somewhat relevant (2), relevant (3) and entirely relevant (4)). In this study, the content validity index was computed by the division of the number of panelists with grade 3 and 4 to the total number of the panelists (14). Hyrkas et al. (15)

found 0.79 and higher for the retention of the items according to CVI. At the next stage, the mean of the content validity index was computed for each item and all items.

#### *Investigating Consistency Reliability*

To determine the reliability consistency, the questionnaire was given to 10 residents with similar traits to the population in the study that was analyzed with computing Cronbach's alpha coefficient. Then test – retest reliability was used to determine the consistency of the test by administering the test to the same 10 residents after a 10- day interval. Spearman's correlation coefficient was used that led to the revision of the test items whose correlation coefficient tended to become 0 (zero).

#### *Investigating Internal Consistency of Reliability*

This refers to the degree of consistency of an item with other items of the questionnaire. For this test, Cronbach's alpha coefficient was used. Obviously, if the Cronbach's alpha index was closer to 1, then the internal consistency of the questions would be more. Cronbach advice reliability coefficient of 45% is less, 75% is moderate and acceptable, and 95% is high (16).

#### *Investigating Construct Validity*

Exploratory factor analysis was used to investigate construct validity:

Step 1: Investigating the sampling adequacy and data homogeneity

1. Kaiser- Meyer- Olkin (KMO) measures the sampling adequacy; its index ranges from 0 to 1. It is advised that the minimum amount for the factor analysis be more than 0.6.

2. Bartlett's test is used to measure the homogeneity of the test items and it should be significant for the factor analysis ( $p < 0.05$ )

Step 2: Extracting the factors by using the method of the analysis of main variables. Kaiser's criterion states that only factors

with 1 or more are used for more investigation.

Step 3: Rotation factor by the use of varimax (17).

*Data Collection Instrument:* In this study, the instrument used for data collection was ACLEEM. The first part of the questionnaire included demographic data such as the institute name, the specialty group name, the year of education, age, gender, marital status; and the second part of the questionnaire contained 50 questions that used a five point scale from 0 (lowest) to 4 (highest). The maximum total point was 200. The Likert scale included strongly agree (4 points), agree (3 points), unsure (2 points), disagree (1 point), strongly disagree (0 points) and the items 24 and 27 were calculated oppositely.

#### *Statistical Analysis*

Data were analyzed using SPSS 16 statistical tests. Content validity, face validity and construct validity were applied to evaluate the validity of the questionnaire; Cronbach's alpha coefficient was utilized to determine the internal consistency, and test-retest was used to determine the reproducibility of the questionnaire.

### **Results**

#### *Demographic Data*

From the 192 residents, 157 responded to the study questionnaire (82% response rate). Gynecology residents had the highest response rate (91%).

The findings of this study showed that among the 157 respondents aged 26-45 years, 51% were between 26-30 years old. The mean age of the residents was  $31.81 \pm 4.37$  years. The third year residents constituted the highest percentage of the respondents (30%) (Table 1).

#### *ACLEEM Scores*

The final mean of the questionnaire was calculated as 110.91 out of 200, and the highest mean belonged to clinical skills (65%), clinical activity and patient care



Table1. Frequency Distribution of Demographic Variables

Clinic (n)	Male		female		Total	
	Number	Percent	Number	Percent	Number	Percent
Surgery	15	55.9%	8	10.5%	23	65.14%
Pediatrics	8	10.5%	15	55.9%	23	65.14%
Gynecology	0	0%	40	48.25%	40	48.25%
Internal medicine	28	83.17%	43	39.27%	71	22.45%
Total	51	48.32%	107	52.67%	157	100%

Table 2. ACLEEM Scores

Subscale	Mean score	SD	Percent of total
Quality of Clinical Teachers (48 points)	28.59	8.14	59%
Clinical Activities & Patient Care (44 points)	26.93	7.1	61.2%
Protected Time for Non-Clinical Activities (20 points)	9.58	5.22	47.9%
Infrastructure (24 points)	11.63	4.76	48.45%
Clinical Skills (24 points)	15.55	4.18	64.79%
Assessment & Feedback (16 points)	7.80	3.74	48.75%
Information, Communication & Technology (12 points)	5.60	2.70	46.66%
Clinical Supervision (12 points)	5.18	2.08	43.16%
Total (200 points)	110.91	28.32	55.45%

(61%); and the lowest mean to clinical supervision (43%) (Table 2).

#### Face Validity

After examining the face validity of the questionnaire, the following questions were revised: 3, 5, 10, 14, 16, 29, 5.

#### Content Validity

The content validity ratio was 0.64; and the following test items were corrected and accepted: 2, 8, 10, 12, 26, 32, 36, 37, 38, 41, 42, 47, 48.

$$CVR = \frac{N_e - N/2}{N/2}$$

$$\sum CVR = 31.55 \quad \text{Mean CVR} = 0.64$$

The mean of the content validity index (CVI) 0.74 (simplicity 0.78, clarity 0.77, relevant 0.69) was computed. The test items 4, 5, 10, 11, 12, 26, 30, 33, 38 were amended and retained

$$CVI = \frac{\sum_1^n CVI}{\text{numbers}} = \frac{37}{50}$$

$$CVI = 0.74$$

#### Reliability

For the pilot study, the questionnaire was distributed among 10 residents with similar traits to the real samples. Cronbach's alpha of the 50 item questionnaire was 0.697. Test – retest was carried out on 10 participants within a 10 – day interval; its reliability was between 0.323 and 0.968.

In the main study, the Cronbach's alpha of the 50 item questionnaire was 0.936, demonstrating quality of clinical teachers with the highest score (0.917) and the clinical supervision with the lowest score (0.110) (Table 3).

#### Construct Validity

The final version of the questionnaires was given to the study participants. The result of examining the construct validity using the factor analysis method is as follows:  $KMO \leq 0.853$ .

Table 3. Consistency Reliability of ACLEEM

Subscale	Number of items	Cronbach's Alpha
Quality of Clinical Teachers	12	0.917
Clinical Activities & Patient Care	11	0.874
Protected Time for Non-Clinical Activities	5	0.648
Infrastructure	6	0.643
Clinical Skills	6	0.865
Assessment & feedback		0.684
Information, communication & technology	3	0.603
Clinical supervision	3	0.110
Total	50	0.936

Bartlett's test of sphericity: ( $p=0.0001$ ) (Bartlett's test was significant at  $p<0.05$ ).

After factors extraction, 12 factors explained 68% variance of all options, with varimax rotating for eight factors describing 59.29% of the variance. The sub-groups showed an acceptable homogeneity. The exploratory factor analysis revealed a retainable value. The place of some items changed with preserving the name of some original factors. Item 16 from domain 2 to 1, item 33 from domain 4 to 7, item 45 from domain 7 to 3 were moved.

### Discussion

Data collection is one of the essential parts of any study; a questionnaire as an instrument is evaluated for its reliability and validity. A valid and reliable evaluation tool in educational setting leads to a significant assessment of an institute. Thus, a suitable tool improves the educational environment (1).

In this study, the main purpose was to determine the reliability and validity of ACLEEM among residents in teaching hospitals affiliated to Tehran University of Medical Sciences.

In this study, after conducting the processes of translation, retranslation, correction and amendments, the translated version was given to 20 experts familiar with clinical education. When examining the validity and reliability of the questionnaire, we found that it had no face validity in a small series of items so this was adjusted according to the medical expert's comments. The content validity ratio was 0.64, the mean of the content validity index (CVI) 0.74 (simplicity 0.78, clarity 0.77, relevant 0.69) was also computed. The means of the CVR and CVI were moderate and acceptable. However, their value in some questions was low due to differences in the cultural context of the countries (e.g., questions 41 and 48) so they were amended again in writing. In general, the higher the content value, the closer the CVI was to 0.99. The questionnaire was evaluated by the medical training experts for its face validity and content va-

lidity.

In this study, the reliability and Cronbach's alphas coefficient of 50 – item were in an acceptable range totally. However, in some questions it was low, and this may have been due to the small sample size in this study.

With respect to the construct validity, the subgroups showed good homogeneity, and the exploratory factor analysis showed a retainable value for the model 8 factor. The rotating models, compared with the model without rotation, indicated a better fitness with the core composition of the questionnaire based on our data. We preserved the name of some original factors, but we changed the place of some items and we recommend that all questions remain at the core axis and questions 16, 33, 45 will be put at suggesting topics.

In this study, the total means score of all the eight domains was 110.91 out of 200 (55 %); and considering the interpretation guide, positive points were more than the negative. The Quality of Clinical Teachers domains' score means was the highest (64.79%) and Clinical Supervision Domains' score means was the lowest. This may indicate that despite the ability of teachers at the basic there is a fundamental flaw in evaluation system.

As regards reliability and validity of this tools have not examined yet in Iran and other countries; was not comparable with similar studies.

Finally, we conclude that the ACLEEM is a multidimensional, valid and highly reliable instrument to measure the educational environment in postgraduate ambulatory settings. Furthermore, according to the result of this study, the Persian version of ACLEEM, with 50 questions in 8 factors, can be used to assess the medical and clinical training system in Iran. Moreover, for the future studies, it is highly recommended to assess the quality of residents' training programs and provide them with sufficient information in various fields such as atmosphere, feedback, inspection at hospitals and ambulatory care wards.

Due to the small sample size in this study, it is suggested to use this instrument and to repeat factor analysis with a larger population to develop and rule out the trivial problems.

### Conclusion

The finalized Persian version of the ACLEEM questionnaire is a valid and reliable instrument that can be used for research, and educational and practical purposes to investigate the educational environment of ambulatory care.

### Acknowledgements

We would like to appreciate the Research Center for Medical Education at Iran University of Medical Sciences for financially supporting this project.

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